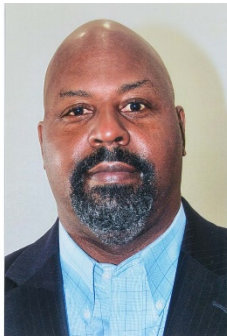


Fresh Perspective on Race and Diversity Drawn from Experiences of An African-American College Football Athlete Shared in New Book “Race Against...Against Race”

Former HBCU Student-Athlete Bo-Dean Sanders Shares Timely Experiences in Compelling Memoir

Philadelphia, PA – Transcending stereotypes through the foundation of sports and shared experiences is the core message of the new book by former college football student-athlete **Bo-Dean Sanders** in “*Race Against...Against Race*”, published by Morgan James Publishing, now available in bookstores and online.



Bo-Dean Sanders, Author of “Race Against...Against Race”

In the book, Sanders writes of his personal journey tackling issues of race relations. “*Race Against...Against Race*” is built on his college football journey, but also his individual journey tackling issues of unconscious bias, social acceptance, race relations, and cultural identity, and the positive impact multiculturalism had on his relationships in college.

Through his book, Sanders is uniquely qualified to facilitate a candid and comprehensive conversation by using a “low hanging fruit” approach before tackling the “uncomfortable conversation,” with the goal to listen, educate, encourage, and inspire.

With his perspective on diversity and inclusion, Sanders shares his experiences as a young man growing up playing high school football in Jacksonville, Florida, then as a college student who left the comfort of Cheyney University, the oldest Historically Black College-University in America for an affluent, predominantly white school, Villanova University. There, Sanders faced financial problems, homelessness and an uncertain future. He persevered in the face of adversity and continued reaching for the Black American dream.

Sanders made friends along the way, including several famous figures from sports and business. Throughout his journey, he navigated his way through his new and different environment after realizing that he and his fellow teammates didn’t fit into anyone’s stereotypes. Sanders reveals in his book that his white teammates and roommates at Villanova became family, and his college education on-and-off the field gave him the skills to build relationships with people of different races.

Sanders was born in 1965 in Jacksonville, where he and his three siblings were raised by their single mother. He learned his values by attending his grandmother’s Baptist church. Sanders began his love of sports while watching college football on Saturdays and NFL games on Sundays.

In 1981–1982, Bo-Dean represented Jean Ribault High, his all-Black high school, as the Fellowship of Christian Athletes (FCA) athlete of the year in football. He started his college football career in 1984 as a walk-on at Cheyney, then transferred to Villanova where he played football on a majority white team. In 1989, he earned his varsity letter and became the first male in his family to receive a four-year, Bachelor of Arts degree.

He’s currently a board member of the Delaware County (PA) Press Club, and in addition to his entrepreneurial and professional efforts, Sanders is currently engaged in a publicity campaign for the

book. Since *“Race Against...Against Race”* was published in late December, Sanders has appeared on a score of podcasts and video interviews in the U.S., Canada and Australia.

More recently Sanders has been featured on TV including Counter Culture (PBS 39) and Faces on the Main Line (Radnor 21), in articles by The Philadelphia Tribune & Delco Times, on the Radio (990AM The Answer with Chris Stigall), and on popular YouTube channels and podcasters from around the globe (XL Podcast). Bo-Dean is now a guest co-host with JoAnn Tierney-Daniels on the Bo & Jo Podcast on the Coast-2-Coast Entertainment Network.

“Race Against...Against Race” is available through Amazon, Barnes & Noble, BAM! Books-a-Million, and Bookshop, among others. Additional information is available through Sanders’ website, <https://bo-deansanders.com/>.